



Rishikesh Yogis Yogshala
200 Hour Teacher Training Scholarship Program

Scholarship Yoga Teacher Training in Rishikesh, India

(7th Dec to 4th Jan, 2018)

Become an internationally certified yoga instructor in India for FREE. Acquire premium Yoga Training in India at no cost. Apply for Rishikesh Yogis Yogshala's Yoga Teacher Training Scholarship program and fulfil your desire of becoming a globally validated yoga teacher without enduring the hefty cost of the program. Get rewarded with Yoga TTC Scholarship in Rishikesh, India and attain authentic yoga training experience at the Yoga Ashram of Rishikesh Yogis Yogshala.

HIGHLIGHTS

- ✓ Daily Hatha Yoga and Ashtanga Vinyasa Practice
- ✓ Talks and practical teaching on Kundalini and Kriya Yoga
- ✓ Talks on Yoga Philosophy and Teaching Methodology
- ✓ Authentic, traditional Meditation techniques
- ✓ Small batches (Max. 10 students) to ensure maximum individual attention
- ✓ Adjustment and Alignment Class every day
- ✓ Yoga Anatomy Classes
- ✓ Pranayama or Yogic Breathing Classes
- ✓ Nutritious and Yogic Meals (three times daily)
- ✓ Included Excursions such as Trek to Himalayas, Visit to Meditation Cave, Kunjapuri Temple (ancient goddess temple) Visit, etc.
- ✓ Accommodation at the Ashram, not in the hotel like other schools

STYLES

- Hatha
- Iyengar
- Vinyasa
- Tantra
- Kundalini

RISHIKESH YOGIS YOGSHALA YOGA TEACHER TRAINING SCHOLARSHIP PROGRAM IN INDIA

Yoga is for everyone. Each of us have the right to fulfil our desire of becoming an authentic yogi, irrespective of financial constraints. It is a part of our initiative to reach out to those candidates who cannot participate in our general Teacher Training Program Course because of financial constraints. In this program teaching and certification will be free. You will have to only bear the cost of accommodation and food which comes at bare minimum cost of \$799



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for a month stay. The requirements are that you are willing to use these teachings and certification to bless people and not just use it for financial gain.

LOCATION

The mesmeric town of Rishikesh in India summons the yogi in you to indulge in a divine escapade towards bliss and enlightenment. Learn Yoga in Rishikesh, India for complete enlightenment of the mind, body and soul. The town, known as the 'yoga capital' is constantly bundled with spiritualists, yogis, sages and gurus who set foot on its holy land to dedicate themselves to yoga and spirituality. Set amidst the foothills of magnificent Himalayas, sketched with traditional ancient temples, Rishikesh is also blessed with the soul of Holy River Ganges. Indeed an ideal place for undergoing a transformative Yoga Teacher Training in India and the globe!

ACCOMMODATION

Experience the yogic life in its purest form by dwelling at our Ashram facility. We are a yoga school and, hence we refrain from facilities that exhibit anything business-like. We offer our students and guests a pure yogic lifestyle in our Ashram (that is not a hotel). Clean and spacious rooms are allotted on sharing basis with complete amenities for a comfortable stay.

FOOD

Highly palatable 'sattvic' food prepared in Ayurvedic herbs and spices is going to nourish your body and soul at our Ashram. The food is delicately prepared by our professional chefs specializing in Vedic cuisine. Sourced from our organic farm, the food is blessed with healthy nutrients and is abundantly fresh. The meals are served thrice a day along with herbal drinks and other refreshments.

INCLUDED EXCURSIONS

- Stroll to the Holy River Ganges, including a refreshing dip in its blessed water.
- Attending the famous evening Ganges Aarti (fire ritual).
- Guided walks to pristine places of the town.
- Visit to 500 years old caves and spots for meditation and inner reflection.

HOW TO APPLY FOR THE YOGA TRAINING SCHOLARSHIP IN RISHIKESH?

Aspirants who wish to avail the YTTC Scholarship may send us an application answering, "What makes you eligible for the YTTC Scholarship program at Rishikesh Yogis?" Additionally, the application should also include valid documents of your financial status, photos and videos exhibiting your passion for studying the art of yoga. You can write to us with the same at: info@rishikeshyogisyogshala.org.



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